RFRI Celebrates International Yoga Day

RFRI, JORHAT CELEBRATES INTERNATIONAL YOGA DAY

Rain Forest Research Institute, Jorhat (Assam) celebrated 8th International Yoga Day on 21st June, 2022 at its Community Centre. Shri R. K. Kalita, Head, Extension Division welcomed all the Yoga practitioners to the programme. He also spoke about the virtues of performing Yoga. He appealed to make Yoga not a part of life but a way of life. Shri Protul Hazarika, ACTO, RFRI conducted the Yoga Sessions. Around hundred officials and their family members participated in the programme. Different Asanas were performed.

GLIMPSES OF THE YOGA CELEBRATION
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