Celebration of International Yoga Day at Tropical Forest Research Institute, Jabalpur

The fourth International Yoga Day was celebrated at Tropical Forest Research Institute, Jabalpur on 21 June 2018. Emphasizing the importance of Yoga in everyone’s life, Dr. G. Rajeshwar Rao, Director led the event where all the scientists, officers and staff members of the institute together performed various breathing exercises, asanans and meditation under the guidance of the yoga guru Shri H. D. Pathak, Shri C. Behera, Head of Office and seniors scientists - Dr. P. B. Meshram, Dr. Sumit Chakrabarti, Dr. Avinash Jain, Dr. Nanita Berry were also present at the occasion.

Image: Glimpses of the Programme
Media Coverage (प्रेस विज्ञापन)

CityLine

Intl Yoga Day celebrated by TFRI, power companies, ITBP

Power companies/Senior officers of power companies performed Yoga on the occasion of International Yoga Day at Tarang Auditorium premises, on Thursday. The programme was organised under the auspices of Madhya Pradesh Power Management Company Limited, General Sports and Arts Council. On the occasion, MPPLCL, Chief General Manager (HR&Admin) and CSAC, General Secretary, MPCL/Chhindwara, CSAC, Secretary (Sports), A.K. Mangal and a large number of other officers and employees performed Yoga.

During the programme, Yogacharya, Harpal Kachwaha, was honoured with Shash Godsepihal and letter of appreciation. CSAC, incharge, Lyant Vaman Khaparde delivered the programme while Secretary (Sports), A.K. Mangal proposed vote of thanks.

29th Battalion, Indian Tibet Border Police (ITBP): The 4th International Yoga Day was celebrated by soldiers of 29th Battalion, Indian Tibet Border Police (ITBP). Along with the soldiers, a large number of villagers enthusiastically participated in the programme.

Along with performing Yoga exercises, colourful cultural programmes were organised at the battalion.

Dr. R.K. Verma, Retired Commandant, ITBP presided over the programme while Commandant, Dr. Ramudu Bhogta was special guest.

Guests informed about the significance of Yoga and Pranayam to soldiers and their family members.

On the occasion, Dr. Dilip Kumar Kirti, Assistant Commandant, Subedar Major Surendra Singh, Corporator, Bnk Vi, Jamatra Purushotam, Member, Himmat Patil and a large number of villagers were present.

ITBP 29th Battalion’s officers planting saplings on the occasion of International Yoga Day.

Photo: TheHitavada